

Overdale

*Christian Retirement Home
29-31 Kenwood Park Road
Sheffield S7 1NE
Tel: 0114 255 0257*

Relatives Role

Registered Charity No 700301

Relatives Role Information

When residents come to live at Overdale, their families often say

“Can we do.....”???

and

“What would you like us to do”???

We have devised this pamphlet to try and answer some of the more frequently asked questions.

We welcome visitors at any reasonable time. If your relative is a slow riser in the mornings or likes a nap after lunch, this may determine when the best times to visit may occur.

Avoiding mealtimes is helpful and the times are usually as follows:

Breakfast	8.30am – 9.30am
Lunch	12.30pm – 2.00pm
Tea	4.30pm – 5.30pm

If you give us a day's notice, you may like to share a meal with your relative for a small charge.

Overdale staff are here to look after your relative's 24 hourly needs and a care plan detailing those needs is created and reviewed at least twice yearly. We would appreciate your participation in the reviews. We are available to discuss any concerns you may have at any time and try to resolve them.

We believe that care involves a close partnership between the resident, their family/friends and staff.

Some relatives may wish to continue to be involved in care, e.g. hairdressing, mending, etc.

In all matters relating to their care, residents should have the final say where and when possible and no decision should be made without their involvement.

The residents' rooms are their domain, as at home. Friends and relatives may assist residents to check the need for toiletries, sweets and clothing. Buying these items may solve the problem of gifts!

We do hold regular clothing parties but foundation garments are not included as the styles are varied. Our experience is that residents do not wish to be dressed alike. All clothing and bedding should be name marked to avoid loss and we ask that pure wool and dry clean items are avoided.

Some residents may need to attend hospital appointments occasionally and we would very much appreciate that relatives make/meet/accompany their resident. We only know a person's health history from the time they come to Overdale and it is quite important that consultants are given the correct information.

Appointment letters have a contact number which can be used to alter dates and times. In exceptional circumstances, staff will take residents to appointments, but as the tenancy agreement outlines, there may be a cost implication in this.

Overdale has a good range of activities and entertainment which is reassessed regularly – further contacts and suggestions would be welcomed. Events are listed on the residents' noticeboard between lounges. Relatives and friends are always welcome to join in and it would help to remind and encourage your relative to participate.

Your support at the coffee mornings, summer BBQ and Christmas party is very important. These events are intended to be family gatherings and to bring the outside community into the home.

Please don't feel limited to stay indoors during visits. We have a disabled parking badge, wheelchairs, etc. to take residents to parks, cafes, the seaside, or just to the shops or walk in the garden.

Finally, if you have any queries, ideas or contacts in the community which may be useful to the residents, or if you wish to volunteer some time, then please come and talk to us – the door is always open.